

## LESSON : Person-centred planning

**Authors: LebensGroß GmbH**

**EntreComp Competence Framework: Vision**

### **Vision**

This lesson helps to implement new visions and perspectives of the future. Vision belongs to the EntreComp competences and is assigned to the category ideas and opportunities and hints to work towards your idea of the future. It is a way of imagining the future, developing a vision that is translated into action and shows a visual future scenario that serves as a guide for implementation (cf. European commission).

### **Introduction**

As mentioned above, this lesson is about the key competence of achieving a vision. To make a future idea concrete or visible, it is necessary to think about one's own future.

A good and helpful method for this is person-centred (future) planning.

This method comes from person-centred work, it is a person-centred approach.

Person-centred planning is a process to support teams in planning the next stage of a person's life. This unit can be used for all target groups.

Person-centred planning focuses on the person, strengths, resources, opportunities and future aspirations. It also contributes to being part of an inclusive society.

This is done with the help of different tools/methods and other people (circle of supporters).

### **Possible process:**

- The trainer, facilitator, teacher takes over all preparations in advance for the methods of person-centred planning.
- Person with a vision (e.g. the person thinks about the future and wants to change something and the person asks him/herself the question: How do I get there?).
- The person looks for persons who could support the process.



- Circle of supporters is foreseen for this process: The circle of supporters can be teachers/trainers/coaches/parents/friends...).
  - There is a supporter who supports the person, knows the person and recognises the person's vision (teacher/trainer...).
  - There is a planner (who can also be the teacher/trainer...).
  - There is a moderator (who knows the process of the method very well).
- A joint meeting is planned (in this meeting, people talk):
  - One of the supporters takes on the role of planner and one of the supporters takes on the role of moderator.
  - The person with a vision tells to the supporters what he/she wants to do and what is important to him/her.
- The moderator moderates the process and suggests possible ways to reach the first step (of the goal).
- Together they plan the steps for the process of reaching the goal (joint meetings are agreed, tasks are distributed to supporters...).

### **Bibliography and webliography**

- Doose, Stefan: "I want my dream". New perspectives and methods of person-centred planning with people with and without impairments.
- Inclusive Solutions : <https://inclusive-solutions.com/person-centred-planning/>
- O'BRIEN, John/PEARPOINT, Jack (Hrsg.) (2002) : Person-centred planning with MAPS & PATH. A workbook for facilitators. Toronto : Inclsusive Press.
- Picture person centred planning : <https://www.persoenliche-zukunftsplanung.eu/persoenliche-zukunftsplanung/was-ist-persoenliche-zukunftsplanung.html>
- Person-Centred Planning : <https://www.youtube.com/watch?v=kjak-BINOY8>
- [Person Centered Approaches in Schools and Transition \(PCAST\) - Bing video](#)
- What Person-Centred Planning Is and Why Its important : <https://www.youtube.com/watch?v=-mqqq5ICzHQ>
- European Commission : EntreComp : The Entrepreneurship Competences Framework. Joint Reserach Centre (2016).



- Person-centred reviews as a mechanism for planning the post-school transition of young people with intellectual disability. Kaehne A, Beyer S.J Intellect Disabil Res. 2014 Jul;58(7):603-13. doi: 10.1111/jir.12058.

### Purpose and recipients

The aim of this unit is to realise visions (wishes, personal plans).

This method is particularly suitable for people who want to change, are currently dissatisfied with their situation or are in a transitional phase (e.g. transition from school to work, moving out or changing house).

### Learning outcomes

Learning outcomes can follow the following structure to ensure coherence:

Learners are able to...

- imagine desirable future (EntreComp), as person-centred planning can be used in many areas (e.g. training, school, work, leisure, family and/or housing) and for all target groups (for all ages).
- improve their quality of life.

This activity is particularly good when a situation one is in is changing or transitions are coming up.

### Description of teaching and learning activities

This planning includes several methodical approaches to thinking about own future and visions. There are different ways of doing this.

- The **teacher/mediator** is a guide and supporter: he helps the person to find his way. He/she explains the possible methods and makes them available. After a joint meeting, the vision of a positive future is drafted.
- The **learner** thinks about his future and has a vision.  
(The question of the learners is: How can I reach my goal? How do I get there?)
- What can the learner do?  
He looks for supporters who support and plan together with him.



- The implementation of the goals (vision) are planned with an action plan.
- The practical activity will be fully described in the **PRACTICAL ACTIVITY** template:  
Opportunities (activities) for person centred planning.
  - Personal situation meeting
  - MAPS
  - PATH

### **Supporting resources**

- 5 Key Principles of Person Centred Planning : An Easy Read Guide :  
<https://www.youtube.com/watch?v=BSLRow7kkYs&t=2s>
- Person-centred Thinking Tools | HSA | Consultancy | Training  
(helensandersonassociates.co.uk)
- Personalising Education | Transition | One-page profile | HSA | Train  
(helensandersonassociates.co.uk)

**Duration: approx. 2 hours to half a day**

### **Competence Level**

This is a guided exercise that is done with support. However, this exercise requires skills such as performing simple tasks.



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